



**Langley Flippers Invitational Swim Meet  
June 29<sup>th</sup> and June 30<sup>th</sup>, 2024  
Official Meet Package**

**Meet Manager:**

Pamela Labrum/ Henry Wong  
[president@langleyflippers.com](mailto:president@langleyflippers.com)



## Location:

Al Anderson Memorial Pool, Langley City Park; 4949 – 207 Street, Langley, BC

## Schedule:

Warm-ups:	6:15 – 7:30 A.M. (Lanes will be sent out via email.)
Scratches & Deck Entries:	7:20 A.M. both days.
Officials' meeting:	7:30 A.M. both days.
Coaches' meeting:	7:45 A.M. both days.
Heats:	First marshaling at 8:00 A.M. Events start at 8:15 A.M.
Relays:	10 minutes after prelims
Finals:	Warm Up (30 min): Starting 10 minutes after relays.
Fees paid:	8:30 A.M. Saturday

## Facilities:

- 25 meter – 8 lane outdoor pool; Electronic Timing System.
- Walking trails, playground and waterpark on the grounds.
- Concession on both days – breakfast & lunch (see menu attached).
- SeaSide Swim & Sport Shop will be on site both days of the meet.
- The green space surrounding the pool is designated for Team and family tents, no RV's. No overnight camping.
- Firepits and BBQ's are **not** allowed within the park area as per the City of Langley.
- Limited Bleacher area will be available for spectators. The pool deck is for officials, coaches and athletes only. The green space next to the bleachers is considered part of the pool deck. No parents or dogs will be allowed on the pool deck.
- **PLEASE NOTE:** As the parking lot can get pretty busy, please allow extra time to find parking. Carpooling is encouraged.
- Parking will be available in the 207<sup>th</sup> Street parking lot and street parking. The 205A Street parking lot will be closed to the public and swim meet participants.
- Please refer to the park diagram at the end of the Meet Package for a visual on designated parking and tent set up.

## Fundraising:

- Electronic 50/50 draw will be available for purchase (Credit Card)
- Ticket Sales will begin June 24, 2024 and end June 30, 2024 at 2:00pm.
- The winning ticket will be drawn at 2:45pm Sunday June 30, 2024 at Al Anderson Memorial Pool
- Tickets: 3 for \$5.00, 7 for \$10.00, 50 for \$20.00, 150 for \$50.00
- Silent Auction
- Jibbitz - 1 for \$2.00 or 3 for \$5.00

## Format:



- BCSSA rules apply.
- Finals (1<sup>st</sup> – 8<sup>th</sup>) will be swum.
- Aggregate medals will be awarded for the top swimmer in each male and female Division.
- This is an open meet; there will be no A/B distinction.
- Relays and (6 & Under) will be timed finals.
- At this meet, the working deck includes all of the space behind the starting blocks to the fence, and all space within 1.8 meters of the other 3 edges of the pool. In order to ensure fairness to all swimmers, the working deck will remain off-limits to everyone except swimmers during their events, and officials. Spectators are not permitted inside the working deck area. Swimmers can talk to their coaches, at the coaches tables, and then must exit the working deck.
- No parents or guests will be permitted on the pool deck or within the marshaling area. The Warm-Up rules will be in effect and coaches must pre-clear lanes prior to any dive sprints. Safety Marshalls will be monitoring lanes and ensuring the rules are adhered to.
- Events are officially called by the Clerk of the Course in the marshaling area. It is the responsibility of the swimmers to be close enough to hear the Clerk call the events. Any calls made by the announcer over the P.A. system are courtesy calls only.
- Because serious injuries can occur, all loose fitting jewelry must be removed before events. Wearing of tightly fitting jewelry is done at the swimmer's own risk.
- Meet Manager reserves the right to modify meet format if required.
- Results will be posted to meet mobile. A paper copy of the results will be posted on the side of the building next to the concession.
- There will be no meet programs sold at the meet. Meet Mobile will be used.

## Officials:

- All clubs are required to supply a minimum of 2 Stroke and Turn or Senior Deck Officials, throughout the meet. Please sign up on the Officials Board by 7:30 A.M each day.
- Clubs will also be assigned lanes for timers and recorders. Two timers and one recorder are required at all times in each lane. Thanks everyone!
- Meet Manager: **Pamela Labrum/ Henry Wong**
  - Please email [president@langleyflippers.com](mailto:president@langleyflippers.com) with any questions

## Fees:

- Fraser Valley clubs will pay fees according to the Regional Fee Agreement.
- Individual events - \$7.00 per event for swimmers from outside the Fraser Valley region.
- Relay events - \$15.00 per team from outside the Fraser Valley Region.
- Deck entries - \$10.00 per individual deck entry, \$20 per relay deck entry
- Deck Entry fees must be filled out on the attached form, paid for by credit card/debit at our Flippers sales table. Once paid, the forms will be submitted to the Crash Desk.
- There will be no refunds for late scratches.

- We will accept Cheques or e-transfer for meet fees. Please make cheques payable to: Langley Flippers Swim Club. E-transfers can be sent to: [treasurer@langleyflippers.com](mailto:treasurer@langleyflippers.com)
- **Submit payment to the Meet Manager no later than 8:30 A.M. Saturday morning.**

## Entries:

- Maximum capacity for the meet is 600 swimmers.
- Swimmers may enter a maximum of **4** individual events and **2** relay events.
- The top 3 heats will be circle seeded for all preliminary rounds and the remaining heats will be seeded slowest to fastest. Swimmers entered with no time will be seeded in the slowest heats.
- Events during heats will be swum combining Div 1-3 and O-Cat1, and Div 4-8 and O-Cat2. Finals will compete top 8 in each Division.
- **Deck Entries and Scratches** must be submitted to the Crash Desk, by 7:20 A.M. on the day of the event. Deck entries will be accepted as space and time permits without reseeding. The Meet Manager reserves the right to refuse any deck entry. Please pay for deck entries by cash/credit/debit at the Flippers sales tent prior to submitting to the Crash Desk.
- Please remember to scratch your swimmers if they are not intending to swim. Any swimmers not showing up for their races risk being scratched from the remainder of the meet. Any exceptions must be approved by the Meet Manager.
- "O" swimmers should be entered in their corresponding "O" category events. "O" swimmers will swim with the "S" swimmers for heats. They will swim in "O" Cat 1 or 2 for finals.
- The Clerk of the Course may combine events in heats and finals at their discretion.
- Relay teams may include swimmers from lower divisions but **MUST** include one team member from the entered division. "O" cat swimmers may be included in "S" relays.
- Relays will be swum as male or female. There will be no mixed relays.

**Deadline for Hy-tek entries is Monday, June 24<sup>th</sup>, 2024 @ 11:59pm**

Scratches may be emailed up until 9:00 pm Thursday, June 27, 2024

- Submit Hy-Tek entries: [president@langleyflippers.com](mailto:president@langleyflippers.com)

## Behavior:

- It is expected that everyone in attendance will show good sportsmanship and respect for others. In promoting safety, fun and good competition, everyone will try to eliminate behavior which detracts from a positive environment. Abuse and harassment is not tolerated.



For inquiries, please contact the Meet Manager:



- **Pamela Labrum** - president@langleyflippers.com
  - If you need to contact the Meet Manager during the Swim Meet, please call 236-332-0477
  - .
- All other enquiries should be done through email.

## \*\*\*Event Selection\*\*\*

As you can tell from reading our meet package we are using combined divisions for individual events during the preliminary session and then separating out into single divisions for finals.

Groups for the preliminary sessions:

- Div 1-3/O cat-1
  - Div 4-8/O cat-2
- \*Exception - 50m Fly\***
- Div 1-4/O cat-1 Saturday
  - Div 5-8/O cat-2 Sunday

**When selecting entries for your athletes, please select the correct event number.**

# SATURDAY EVENTS

Girls			Boys		
Event #	Division	Event	Event #	Division	Event
101	1-3/O-Cat 1	50 Free	102	1-3/O-Cat 1	50 Free
103	4-8/O-Cat 2	50 Free	104	4-8/O-Cat 2	50 Free
105	6&U	25 Free	106	6&U	25 Free
107	1-3/O-Cat 1	100 IM	108	1-3/O-Cat 1	100 IM
109	4-8/O-Cat 2	200 IM	110	4-8/O-Cat 2	200 IM
111	6&U	25 Fly	112	6&U	25 Fly
113	1-4/O-Cat 1	50 Fly	114	1-4/O-Cat 1	50 Fly
115	5-8/O-Cat 2	100 Fly	116	5-8/O-Cat 2	100 Fly
117	6 & U	4 x 25 Medley	118	6 & U	4 x 25 Medley
119	Div 1	4 x 50 Medley	120	Div 1	4 x 50 Medley
121	Div 2	4 x 50 Medley	122	Div 2	4 x 50 Medley
123	Div 3	4 x 50 Medley	124	Div 3	4 x 50 Medley
125	Div 4	4 x 50 Medley	126	Div 4	4 x 50 Medley
127	Div 5	4 x 50 Medley	128	Div 5	4 x 50 Medley
129	Div 6	4 x 50 Medley	130	Div 6	4 x 50 Medley
131	Div 7	4 x 50 Medley	132	Div 7	4 x 50 Medley
133	Div 8	4 x 50 Medley	134	Div 8	4 x 50 Medley

# SUNDAY EVENTS



Girls			Boys		
201	5-8/O-Cat 2	50 Fly	202	5-8/O-Cat 2	50 Fly
203	6&U	25 Back	204	6&U	25 Back
205	1-3/O-Cat 1	50 Back	206	1-3/O-Cat 1	50 Back
207	4-8/O-Cat 2	100 Back	208	4-8/O-Cat 2	100 Back
209	6&U	25 Breast	210	6&U	25 Breast
211	1-3/O-Cat 1	50 Breast	212	1-3/O-Cat 1	50 Breast
213	4-8/O-Cat 2	100 Breast	214	4-8/O-Cat 2	100 Breast
215	1-3/O-Cat 1	100 Free	216	1-3/O-Cat 1	100 Free
217	4-8/O-Cat 2	100 Free	218	4-8/O-Cat 2	100 Free
219	6 & U	4 x 25 Free	220	6 & U	4 x 25 Free
221	Div 1	4 x 50 Free	222	Div 1	4 x 50 Free
223	Div 2	4 x 50 Free	224	Div 2	4 x 50 Free
225	Div 3	4 x 50 Free	226	Div 3	4 x 50 Free
227	Div 4	4 x 50 Free	228	Div 4	4 x 50 Free
229	Div 5	4 x 50 Free	230	Div 5	4 x 50 Free
231	Div 6	4 x 50 Free	232	Div 6	4 x 50 Free
233	Div 7	4 x 50 Free	234	Div 7	4 x 50 Free
235	Div 8	4 x 50 Free	236	Div 8	4 x 50 Free

# Concession Menu



## Breakfast (7:00am - 11:00am)

- Breakfast Sandwiches \$5.00
  - Egg, Bacon, cheddar cheese on Hamburger bun
  - Egg, Sausage, Cheddar cheese on Hamburger Bun
- Pancakes and sausages (2 pancakes, 3 sausages) \$5.00

## Lunch (11:00am - 3:00pm)

- Hotdog \$4.00
- Nathan's Chili Cheese Dog (Saturday Special) \$7.00
- Pulled Pork Bunwich with coleslaw (Sunday Special) \$8.00
- Hamburger \$7.00
- Cheese burger \$8.00
- Veggie Burger \$8.00
- Chicken Burger \$8.00

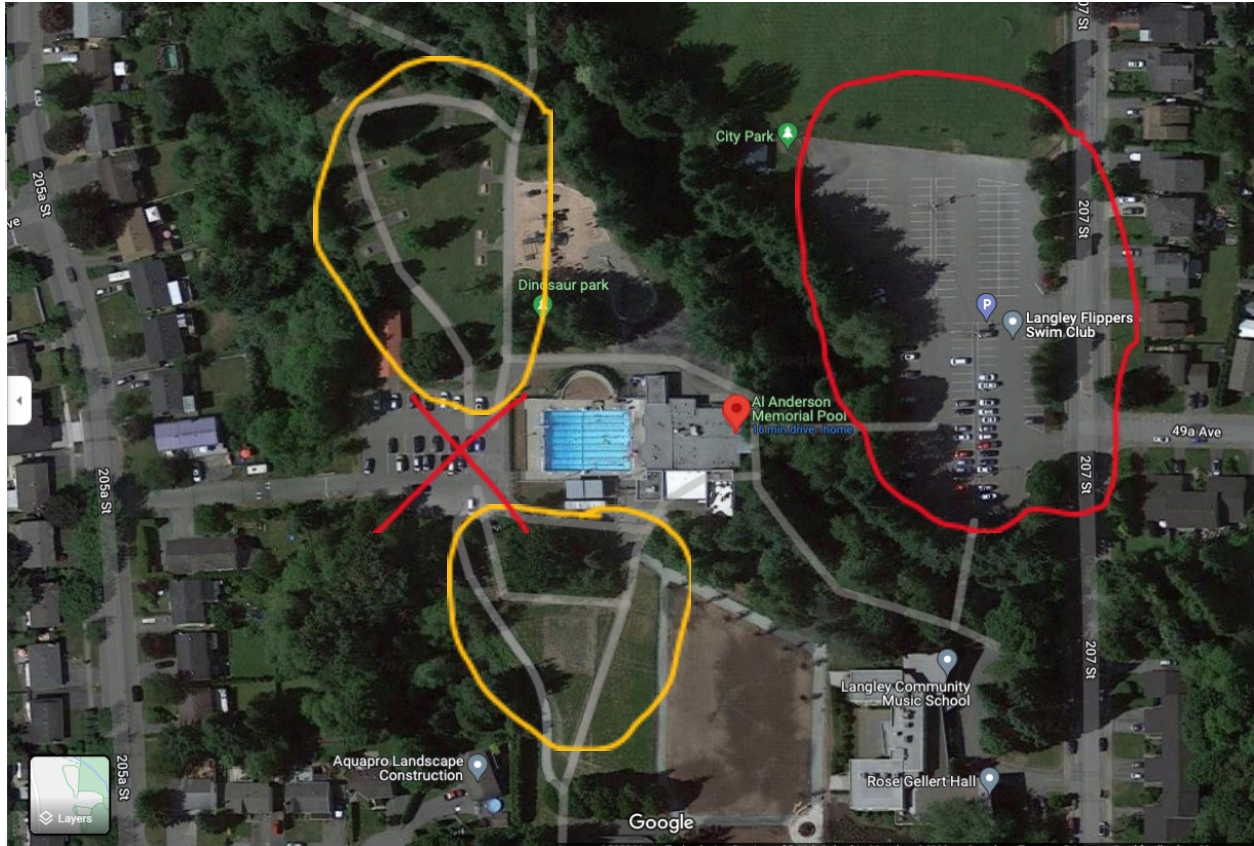
## Snacks (All Day)

- Muffins \$2.00
- Cookies \$2.00
- Chips \$1.00
- Candy Bags \$2.00
- Freezies \$1.00
- Granola Bars \$1.00

## Beverages (All Day)

- Coffee \$2.00
- Tea \$2.00
- Gatorade \$3.00
- Water \$1.50
- Pop \$1.50
- Juice Box \$1.50

# Event Map



Parking is available in the parking lot circled in red. There will be no public or swim meet participant parking in the 205A street lot marked with a red 'X'.

Areas circled in yellow will be available for teams and families to set up their tents and chairs.



**June 29 & 30, 2024**

**Deck Entry/ Scratch Form**

**Club:** \_\_\_\_\_

**Coach's Name:** \_\_\_\_\_

<b>Swimmer's Name</b>	<b>Event Number</b>	<b>Entry</b>	<b>Scratch</b>

**\*Individual Deck Entries are \$10/ event**

**\*Relay Deck Entries are \$20/ team**



## Appendix IIIA - 2024 BC CHAMPIONSHIPS QUALIFYING STANDARDS

Qualifying Standards are generally based on the average of 8th place in Heats for 2017-2023 inclusive for Individual Events

Any swimmer who **equals or betters** the following times in **FINALS** at a **2024** Regional Championship Meet automatically qualifies for the respective events at the BC Championships.

DIV	50 FREE	100IM	200IM	50 FLY	100 FLY	50 BR.	100 BR.	50 BACK	100 BACK	100 FREE
<b>1G</b>	41.50	01:46.89		50.06		56.29		49.13		01:34.78
<b>2G</b>	36.34	01:32.67		41.89		47.38		42.53		01:21.51
<b>3G</b>	32.09	01:21.73		35.97		42.46		37.63		01:10.22
<b>4G</b>	30.09		02:48.96	33.28			01:26.22		01:16.87	01:06.60
<b>5G</b>	29.32		02:43.52	32.31	01:15.38		01:24.61		01:14.83	01:05.47
<b>6G</b>	28.95		02:42.67	32.03	01:14.46		01:22.82		01:13.91	01:04.10
<b>7G</b>	29.94		02:52.32	33.09	01:17.81		01:28.68		01:17.65	01:07.15
<b>8G</b>	29.64		03:05.91	32.14	01:21.09		01:27.96		01:19.39	01:11.03
<b>1B</b>	41.47	01:49.61		51.82		55.21		49.69		01:33.95
<b>2B</b>	35.87	01:33.30		41.91		48.38		43.51		01:20.74
<b>3B</b>	31.58	01:22.24		36.96		41.75		38.41		01:11.05
<b>4B</b>	28.95		02:44.61	32.51			01:22.84		01:15.71	01:04.24
<b>5B</b>	26.89		02:33.24	29.74	01:08.83		01:17.42		01:10.35	01:00.30
<b>6B</b>	25.96		02:27.13	28.38	01:04.86		01:12.86		01:06.90	:57.23
<b>7B</b>	25.71		02:30.11	28.61	01:06.42		01:14.20		01:08.03	:57.36
<b>8B</b>	25.10		02:24.86	27.49	01:04.02		01:14.15		01:07.56	:55.49
<b>O1G</b>	38.29	01:37.02		49.17		50.88		47.32		01:30.42
<b>O2G</b>	30.28		02:52.33	33.28	01:22.85		01:33.35		01:18.25	01:07.00
<b>O1B</b>	38.50	01:41.91		45.51		54.29		46.30		01:32.76
<b>O2B</b>	26.74		02:36.21	30.67	01:09.15		01:20.87		01:13.34	00:59.42